

We are here for you

Helpful contacts

If you are worried or upset,
it's OK to tell someone
how you're feeling.

All staff at PSAS will do
their best to make sure
you feel looked after.



- **Child Line: 0800 1111**
www.childline.org.uk
- **Samaritans: 116 123**
www.samaritans.org
- **Young Minds: 0808 802 5544**
www.youngminds.org
- **Frank: 0300 123 6600**
www.talktofrank.com
- **NSPCC: 0800 800 500**
www.nspcc.org.uk

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West Mercia
Rape & Sexual Abuse
Support Centre



Birmingham Community Healthcare **NHS**
NHS Foundation Trust

The Royal Wolverhampton **NHS**
NHS Trust

Worcestershire Health and Care **NHS**
NHS Trust

Coventry and Warwickshire Partnership **NHS**
NHS Trust

About your visit to PSAS



West Midlands Paediatric
Sexual Assault Service (PSAS)
for children and young people
aged 18 years and under

PSAS: 0800 953 4133
www.bhamcommunity.nhs.uk/PSAS
Twitter: @WM_PSAS

What is PSAS?

Doctors can be experts in different bits of the body. PSAS is a special service for children who need a doctor who knows about “privates” (“girl bits” or “boy bits”).

There are lots of reasons why you might come to see us.

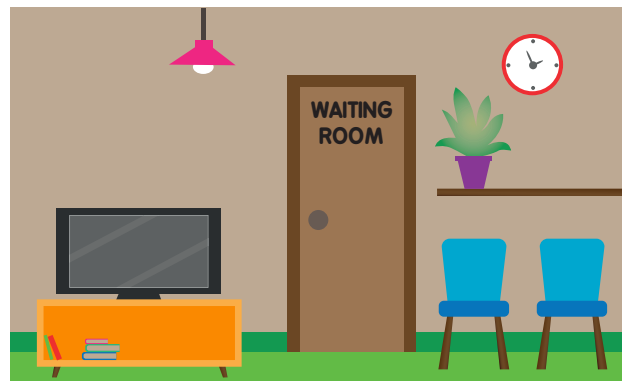
Maybe your privates are sore, or you might have told us that someone has hurt you. Sometimes it's because someone else is worried about you.

PSAS is the best place to get a check-up and make sure you are healthy.

What is going to happen today?

All children who visit PSAS are looked at by a doctor.
When you first arrive you can play or watch TV in our waiting room.

A friendly helper will check with the doctor to see if you can eat and drink.



The doctor will talk to the police officer, if you have come here with one. Then the doctor will talk to the grown-up who came with you. The doctor will also want to talk to you.

The police officer may stay in the room to help the doctor, from behind a screen.

A friendly helper will stay and play with you.

The doctor will need to look at your body to make sure you are ok. The grown-up who came with you will stay with you if you want them to. A friendly helper will also stay with you. The doctor may need to look at your privates with a special light.

After you have been checked over, you will wait a little while longer in the play room while the grown-ups talk.

If you couldn't have a snack when you first came, now you can. A friendly helper will get this for you.

If you want to ask any questions the friendly helper will be there to help you.

